

spin cafe LUNCH MENU DINE IN or TO GO

THIS MENU IS ALSO AVAILABLE MONDAY-THURSDAY AT DINNERTIME.
220 N. Main Street (US 40), Heber City, UT (435) 654-0251

SOUP & SALAD

Warm & Wonderful Seasonal Soup A bowl of our 100% homemade soup, served with a piece of homemade focaccia bread. Cup 3.95 Bowl 5.95

Just a Little Salad Small mixed greens & tomato salad with balsamic vinaigrette or ranch. 3.95

Soup & Salad A cup of our 100% homemade soup & a small mixed greens salad with tomatoes (ranch or balsamic vinaigrette). With a piece of homemade focaccia bread. 6.50

Field of Dreams Salad Mixed greens & tomatoes tossed in our house balsamic dressing, topped with grated parmesan & maple-roasted walnuts. Served with bruschetta. 7.95

Asian Pork Lettuce Wraps Chopped Asian-spiced smoked pork served with boston lettuce for wrapping. Comes with our sweet & tangy drizzle sauce, chopped peanuts, diced red peppers & scallions. 11.95

Some people prefer this dish with a some spicy heat. Please let us know if you want us to spice it up!

Turkey Cobb Salad Our own house-smoked turkey breast is the star in this version of the cobb salad. With romaine lettuce, black forest ham, apple-smoked bacon, tomatoes and our real blue cheese dressing. Served with bruschetta. 11.95

Kansas City Bar-B-Q Pizza Salad Grilled flatbread pizza crust topped with bbq beef, chopped romaine lettuce & chunky blue cheese dressing 10.95

Key West Caesar Salad We add lime to our Caesar for a tropical spin. Romaine lettuce, homemade grilled croutons, grated parmesan cheese and roma tomatoes. 7.95



You can add these to any salad:

Grilled asparagus	+ 4.25	Fresh avocado	+ 2.50
Grilled portobello mushroom	+ 3.95	Roasted red peppers	+ 2.50
Grilled fresh salmon	+ 6.95	Grilled chicken breast	+ 4.95
Fresh crumbled blue cheese	+ 1.25	Substitute fresh blue cheese dressing	+ 1.25

SPIN SPECIALTIES

Daily Bar-B-Q Specials Please ask us about today's featured dish.

Real Onion Rings from Real Onions Hand-cut & hand-dipped right here. We're famous for our light & crispy batter! Served with fresh blue cheese dip and ketchup. 5.95

Sweet & Spicy Smoked Wings Hickory-smoked jumbo chicken wings dipped in our sweet & spicy wing sauce. Served with blue cheese dip and crunchy veggie sticks.

The best wings ever, in our humble opinion! HALF DOZEN 7.95 FULL DOZEN 11.95

These wings are medium hot. Please let us know if you want them hotter!

Our Favorite Pork Spare Ribs Hickory-smoked right here for 5 hours & basted with our own secret-recipe fresh Bar-B-Q sauce.

Served with homemade apple slaw & spinny fries. 16.95

PASTA PASTA PASTA

Spin Alfredo Our own spin on a popular pasta dish - grilled chicken & mushrooms in a creamy parmesan sauce with a touch of tomato & fresh herbs, over spinny pasta 12.25

For a lighter alternative, ask us to make it with tomato sauce instead of cream

Memphis Bar-B-Q Spaghetti Shredded smoked pork & beef in a flavorful BBQ tomato sauce, served over spaghetti. A Memphis favorite! 11.25

Tuscan Baked Pasta Spinny pasta baked with asiago & ricotta cheeses, zucchini, sun-dried tomatoes and fresh herbs. 10.95 Add asiago chicken sausage + 3.50

Menu items and prices are current as of November 2011, but are subject to change.

TAKE ME BY THE HAND SANDWICHES & BURGERS

*Choose ONE of the following with burgers & sandwiches:
Spinny Fries, Salad Greens, Cup of Soup, or Bar-B-Q Pit Beans
Or substitute our hand-dipped real onion rings for \$2.75 (add \$1.50 for blue cheese dip)*

Over the Top Bar-B-Q Beef Sandwich Chunks of smoked beef brisket in our top-secret fresh bar-b-q sauce, served on a fresh potato roll with a fried onion ring & melted jack cheese. 10.95

Carolina Pulled Pork Sandwich Succulent, slow-smoked pork shoulder topped with our sweet mustard slaw, on a fresh potato roll. *A Spin Cafe Favorite* 9.95

All-American Grilled Cheese Sandwich Pure & simple, made with cheddar cheese. 6.95
Tomato +.50 Ham +1.95
Bacon + 2.25 Fresh avocado when available +2.50
Pulled Pork + 2.50 Whole wheat bread +.25

Miss Piggy If our Carolina sandwich married our All-American sandwich, you'd get this grilled sammy with lots of cheddar, BBQ pulled pork & mustard slaw. 10.25

Seaside Panini A grilled sandwich with shrimp, fontina cheese, grilled zucchini, & romesco sauce on fresh ciabatta bread. 10.95

My Honey Bee A grilled chicken breast with honey-ranch, monterey jack cheese, lettuce & tomato, on a fresh potato roll. 8.95

The Farmers' Market Panini A grilled veggie sandwich with portobello mushroom, asparagus, roma tomatoes, red bell pepper, & goat cheese. 10.95

Seattle BLT Grilled salmon, apple-smoked bacon, lettuce, tomato, & spicy chipotle mayo. Served on a fresh potato roll. 11.95
BLT without the salmon 8.95

Jamaican Chicken Wrap Gently-seasoned chicken breast in a whole wheat wrap with peach salsa, shredded Napa cabbage, and toasted sesame seeds. 10.75

BURGERS We grind our own fresh chuck daily and grill your burgers to order.

Our burgers aren't fast food. The meat burgers are big, half-pound meals and will take a minimum of 10 minutes to prepare.

Spin Burger A 1/2 pound, flame-grilled, freshly-ground Black Angus Beef burger with caramelized onions, jack cheese, our special Spin fry sauce & lettuce on a fresh potato bread roll. *2011 Salt Lake Tribune Readers' Poll Top Ten* 9.95

Buffalo Burger A 1/2 pound, flame-grilled, freshly-ground 100% buffalo burger with caramelized onions, jack cheese, Spin fry sauce & lettuce on a potato bread roll. 13.95

Veggie Burger All-natural grilled veggie patty with caramelized onions, jack cheese, Spin fry sauce & lettuce on a fresh potato bread roll. 7.95

You can add these to any burger:

Whole wheat bun *No charge*
Tomatoes *No charge*
Bacon + 2.25
Ham +1.95
Pickles *No charge*

Sauteed mushrooms +1.50
Grilled portobello mushroom +3.95
Roasted red bell peppers +2.50
Fresh avocado when available +2.50

GELATO & DESSERTS We make our Italian-style ice cream right here, fresh daily, from scratch, Enjoy it by the cup or in decadent desserts.

We cook from scratch using fresh, not processed, ingredients. Our frying oils contain no trans-fats.

Open for lunch & dinner. Value-priced catering, too.
Wine, beer & spirits available for dining in.

We accept major credit cards & good old American cash. We do not accept checks.