



# Spin Cafe

Contemporary American Food & Bar-B-Q

## LUNCH MENU

DINE IN or TO GO

(435) 654-0251

220 N. Main Street (US 40), Heber City, UT

### FRESH SOUPS & SALADS

**Warm & Wonderful Seasonal Soup** A bowl of our 100% homemade soup, served with a piece of homemade focaccia bread. Cup 2.99  
Bowl 5.49

**Field of Dreams Salad** Mixed greens tossed in our house balsamic dressing, topped with grated parmesan & maple-roasted walnuts. Served with bruschetta. 6.95

- Add grilled chicken breast +4.25
- Add grilled salmon +5.95
- Substitute freshly-made, real blue cheese dressing +2.00

**Turkey Cobb Salad** Our own house-smoked turkey breast is the star in this version of the cobb salad. With romaine lettuce, black forest ham, bacon, tomatoes and our real blue cheese dressing. 10.50  
Add fresh avocado + 2.50

**Asian Pork Lettuce Wraps** Chopped Asian-spiced smoked pork served with boston lettuce for wrapping. Comes with our sweet & tangy drizzle sauce, chopped peanuts, diced red peppers & scallions. 10.50

**Kansas City Bar-B-Q Pizza Salad** Grilled flatbread pizza crust topped with bbq beef, chopped romaine lettuce & chunky blue cheese dressing 9.50

**Key West Caesar Salad** Romaine lettuce, homemade grilled croutons, grated parmesan cheese & roma tomatoes tossed in a lime caesar dressing. 7.50

- Add grilled chicken breast +4.25
- Add grilled salmon +5.95
- Add fresh avocado +2.50

### BURGERS We grind our own fresh chuck daily and grill your burgers to order.

Choose ONE of the following: Onion rings (\$2.75 extra), Salad greens, Cup of soup, or Spinny fries.

**Spin Burger** A 1/2 pound, flame-grilled, freshly-ground beef burger with caramelized onions, jack cheese, our special Spin fry sauce & lettuce on a fresh potato roll. 9.25

Note: will take a minimum of 10 minutes to prepare (it's thick!).  
Add bacon or ham + 2.25  
Add sauteed mushrooms +1.50  
Add avocado when available +2.50

**Buffalo Burger** Just like the Spin Burger, but made with freshly-ground buffalo 12.95

*Open for lunch & dinner daily. Value-priced catering too. Wine, beer & spirits available for dining in.*

*We accept major credit cards, debit cards & good old American cash. We do not accept checks.  
Menu items and prices are current as of July 2009, but are subject to change.*

## SANDWICHES & PANINI

Choose ONE of the following: Onion rings (\$2.75 extra), Salad greens, Cup of soup, or Spinny fries.

- All-American Grilled Cheese Sandwich** Pure & simple, made with cheddar cheese 6.95  
Or put a spin on it by adding: Pulled Pork +2.50 Ham or Bacon +2.25  
Avocado when available +2.50 Tomato +.50
- Seaside Panini** A grilled sandwich with shrimp, fontina cheese, grilled zucchini, & romesco sauce, on fresh ciabatta bread. 10.25
- The Farmers' Market Panini** A grilled veggie sandwich with portobello mushroom, asparagus, roma tomatoes, red pepper, & goat cheese. 9.75
- Carolina Pulled Pork Sandwich** Succulent, slow-smoked pork shoulder topped with our sweet mustard slaw, on a fresh potato roll. 9.95
- Seattle BLT** Grilled salmon, apple-smoked bacon, tomato, lettuce, & spicy chipotle mayo. Served on our fresh potato roll. 11.50  
BLT without the salmon 8.95
- Jamaican Chicken Wrap** Gently-spiced chicken breast in a whole wheat wrap with peach salsa, shredded Napa cabbage, and toasted sesame seeds. 9.95
- Over the Top Bar-B-Q Beef Sandwich** Chunks of beef brisket smoked in our top-secret housemade bar-b-q sauce, served on a fresh potato roll with a fried onion ring & melted jack cheese. 10.50

## SPECIALTIES

- Real Onion Rings from Real Onions** Made right here with fresh onions which have never seen a freezer. We're becoming famous for these! 5.50  
Double dip by adding our chunky blue cheese dip + 2.00
- Our Favorite Pork Spare Ribs** Hickory-smoked right here for 5 hours & basted with our own secret-recipe fresh Bar-B-Q sauce. Served with homemade apple slaw & spinny fries. 15.95
- Sweet & Spicy Smoked Wings** Hickory-smoked chicken wings dipped in our sweet & spicy wing sauce. Served with blue cheese dip and crunchy veggie sticks. The best wings you'll ever have! HALF DOZEN 7.95 FULL DOZEN 11.95
- Spin Alfredo** Our own spin on a popular pasta dish – grilled chicken & mushrooms in a creamy sauce with a touch of tomato, parmesan, & fresh herbs, over spinny pasta 11.25  
*For a lighter alternative, ask us to make it with tomato sauce instead of cream*
- Memphis Bar-B-Q Spaghetti** Shredded smoked pork & beef in a flavorful BBQ tomato sauce, served over spaghetti. A Memphis favorite! 10.25
- Daily Bar-B-Q Specialties** Please ask.

**GELATO & DESSERTS** We make our Italian-style ice cream right here, fresh daily, from scratch, Enjoy it by the cup or in decadent homemade desserts.

We cook from scratch using fresh, not processed, ingredients. Our frying oils contain no trans-fats.